



NEWSLETTER

DUBBO WEST PRESCHOOL INC

Welcome to Term 3

Hi All,

Term 3 is a busy term so if you can have a look at the list of events below.

Term 3 Events

- **Week 2 – 29/7/2024– 2/8/2024 PJ week**
- **Week 3 – 5/8/2024–9/8/2024 Jeans for genes week**
6 & 8/8/2024– 4 year old Zoo excursions
7/8/2024 - Alro's Treasure show incursion With Anthony Zarb from his book
- **Week 4– 12/8/2024 PMC meeting**
13/8/2024 Living safely with dogs incursion Kookas & Kangas
- **Week 5 – 19–23/8/2024 Book week disco & emergency drills**
20 & 22/8/2024 STEPs screening
- **Week 6 – 26–30/8/2024 Father's day breakfasts**
- **Week 7 – 3 & 4/9/2024 Hear Our Heart**
- **Week 8 – 9–13/9/2024 R U Ok Week.**
9/9/24 PMC meeting
11 & 12/9/24 Jewelz Rainbow sparkle heart incursion
- **Week 10 – 24 7 26/9/24 Fun Run days**

Parent Management Committee

The next Parent Committee Meeting will be held on the 12th August. At this meeting we will be finalising the Strategic plan & discussing the operational plan and revising several HR policies that we have had a local specialist Lawyer review. We will also look at the first 10 policies up for annual review. All policies under review are in the folder in the front foyer & a list is on the notice board. Copies of the working documents for the strategic plan & operational plan are also displayed on the notice board too for you to look at any time.

Construction will begin at the front of the preschool soon where we will build a training room & more office space for parent meetings & a storeroom. The front entry way will remain open during the build & the area will be fenced off. The only parking area that may be impacted is the disability car parks which will move to the other side of the gate area permanently. I have asked that no construction vehicles be in the carpark at drop off & pick up times.

2024 Parent Committee

President: Natasha Searle

Vice President/Fundraising: Esther Behsman

Treasurer/Public officer: Melissa Harris

Member: Ali Langbien

Member: Megan Mackey

Member: Leanne Freeth

Member: Ana Phillis

Member: Tegan Keed

Member Abbey Rouse

DWPS Branded Clothing

- Hats - \$15 (Navy)
- T-shirt - \$20 (Blue, Pink and Teal)
- Long-sleeve Polo shirt - \$25.00 (Red and Navy)
- Jumper - \$27.00 (Navy, Pink)

The costs are kept as low as possible with any profit going back into the preschool.

Available at the Office.



FEES

For those of you that are not claiming fee relief your fees have now been loaded onto the KinderM8 app. These fees can be paid at the office or via bank transfer BSB 082-564 Acc 13-740-3791 (Please put your child's name as the reference). We ask that all outstanding fees are paid two weeks prior to the end of each term. If you are having issues accessing the Kinder M8 app please see Mel at the front office.

HALF YEARLY SUMMARY REPORTS

All children should have received their half year summary reports. If you have any questions about them please feel free to talk to your Teacher in your room. This is often best done by making a time to come or ringing during the day at a set time so the Teacher can be available. The reports summarise what your children enjoy at preschool, what their strengths are a couple of areas we will continue to work on with them during the rest of the year.

Self-assessment & Quality Improvement Plan (QIP)

Our self-assessment has been completed where we identify what we do to meet or exceed the standards we work under & we identify any areas to be improved that we work on (QIP). The QIP is displayed in the hall way leading to the Kookaburra room for you to have input into or comment on. The self- assessment is also there in a folder for you to look at or comment on. These documents are constantly reviewed & staff are currently working on folders to display evidence of the self-assessment.

Re-enrolments for 2025

Re-enrolments have now closed so if you have not completed one we will assume you do not need a position for 2025.

Sibling waiting list enrolments will soon be sent out. Once we receive these back we will assess classes & placements for availability following priority of access under our Start Strong funding guidelines considering staffing & capacity for special needs placements. Only once this is completed will we know what we have to offer to the waiting list. Please be patient as we are working through this as quickly as we can.

Clothing

- Names on clothes and hats please so they can be returned at the end of the day.
- Pack spare clothing and undies in your child's bag as we have limited supplies of spares.
- If your child has used spare clothing from preschool can you please make sure you return them after washing as we run out regularly.
- Dress for the weather as we do still go outside or pack a spare jacket or jumper and a hat each day please.

Doterra oils

A reminder that we use Doterra oils in our rooms at times during the year and often during winter we will use On Guard &/or Easy Air to assist with germs. If you would like any further information on the oils please ask the room staff. If there are any oils you would prefer we do not use in the room your child is in staff will note that. Some rooms do not use oils as they have a child or staff member who cannot use them already.

PICKING UP

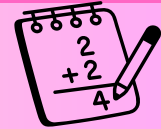


Thank you to all of those children and parents doing the right thing and waiting for their adults before they come through the foyer. We have had to send only 2 or 3 children back who are running into the foyer without an adult. Can you please remind your child that they are not to go through the foyer without their adult? AS WE ALWAYS REMIND EVERYONE: IF A CHILD IS AT THE FRONT GATE ALONE PLEASE DO NOT LET THEM OUT AT ALL & ASK THEM TO GO BACK TO THEIR ADULT

Back packs & developing independence

We encourage the children to carry their bags on their backs into & out of preschool in readiness for school. When they arrive they also have "JOBS" to do getting their drink bottles out & hanging their bag up. This teaches the children valuable skills in independence & planning for the day events that they will carry into school. Making sure the children check they have everything in their bag before you leave home for the day extends on these skills: their hat, water bottle, lunch box, fruit, extra clothes & rest time bags.

Literacy and numeracy



We deliver the Pre Lit program through our preschool. Pre Lit is a skills based program that provides children with the early tools of reading. Throughout the program we focus on a number of familiar picture books such as 'Dear Zoo', 'The Very Hungry Caterpillar and We're going on a Bear Hunt'. It introduces children to different concepts of print as well as introducing new vocabulary.

Numeracy skills and knowledge is included throughout the day at preschool. For example "over the past few weeks at Preschool we have been exploring number concepts through a range of experiences. These experiences include story time, hopscotch, counting steps to the bathroom and objects within the room.

Today each child was asked to cut, recognise and order 5 little ducks. This activity also allows us to observe, record and plan for further activities to extend number knowledge.

The literacy and numeracy levels are recorded in term 2 & term 4 and the improvements are reported to one of our funding bodies.

Child Safe Standards

You will notice in the front foyer we have displayed the Child Safe Standards, which our preschool is committed to. We have completed a Child safe self-assessment and continue to reflect and improve our practices to ensure our preschool is a child safe organisation.

The standards are:

1. child safety is embedded in organisation leadership, governance and culture
2. children participate in decisions affecting them and are taken seriously
3. families and communities are informed and involved
4. equity is upheld and diverse needs are taken into account
5. people working with children are suitable and supported
6. processes to respond to complaints of child abuse (or other concerns) are child-focused
7. staff are equipped with the knowledge, skills and awareness to keep children safe, through continual education and training
8. physical and online environments minimise the opportunity for abuse or other kinds of harm to occur
9. implementation of the Child Safe Standards is continuously reviewed and improved
10. Policies and procedures document how the organisation is child safe.

Complaint Procedures

If you have any complaints, suggestions or feedback PLEASE follow the steps as needed.

Step ONE: Talk it over with a Staff member that you feel most comfortable with or write us a note and hand to office with your return contact details.

Step TWO: Make an appointment to see the Director of the Preschool phone: 68827144 or see the office.

Step THREE: Put your concern in writing to the Parent Management Committee with your contact details and help in doing this is available if needed.

Step FOUR: Contact the Department of Education 1800 619 113 if none of the above steps have been able to help resolve your concern.

Throughout any of these steps confidentiality is assured.

NSW reporting obligations

Department of Communities and Justice: Any person who has reasonable grounds to believe that a child or young person is at risk of significant harm may report to Department of Communities and Justice. Phone 132 111 to report child abuse or neglect (24 hour service)

Some people must report if they have reasonable grounds to suspect a child is at risk of significant harm. They are legally 'mandatory reporters' and must report concerns about risk of significant harm to children, to the Department of Communities and Justice (DCJ)

<https://reporter.childstrong.nsw.gov.au>



Medications



If your child is required to take medication or have it here at Preschool it should have been prescribed by a doctor. The medication must be in it's original container, with your child's name and details of dosages on the container from the chemist.

- **Over the counter medication cannot be given unless prescribed by a doctor or if it is part of a medical plan that is decided by a doctor and it must also be labelled as above.**
 - **Antibiotics must have been taken for at least 24 hours before attending preschool with no symptoms of infection still occurring.**
 - **A medication form must be completed- long term or short term forms are available in your classrooms just ask the Teacher or staff and medication must be handed to staff to be held in a locked cupboard.**
- If your child is unwell, please keep them home so that we can protect other children, staff and families.**

IS YOUR CHILD TOO SICK FOR PRESCHOOL TODAY?



TRY AGAIN NEXT WEEK

- Fever
- Wheezing or shortness of breath
- Hard cough
- Constant runny nose with yellow/green tint
- Lethargy
- Diarrhoea or vomiting
- Redness or runny eyes
- Sore throat or swollen glands
- Undiagnosed rash
- Persistent itching
- Uncovered sores
- Unusual colour



JOIN US IF PARENTS CAN CHECK

- Fever-free for 24hours
- Sporadic cough
- Minimal green/yellow runny nose



OK TO COME AND PLAY

- Mild, infrequent cough
- Clear runny nose
- Active, playful, and rested

**If in doubt, please stay out
And try again next week.**



Eat more vegetables and fruit

Vegetables and fruit taste great and keep us healthy. Everyone should eat fruit and veggies every day. Most kids eat fruit each day but they don't eat enough veggies.*

HOW MANY VEGETABLES SHOULD KIDS EAT EACH DAY?

2-3 YEARS	4-8 YEARS	9-18 YEARS
2½ Serves	4½ Serves	5 Serves

A serve of vegetables and legumes/beans is:



HOW MUCH FRUIT SHOULD KIDS EAT EACH DAY?

2-3 YEARS	4-8 YEARS	9-18 YEARS
1 Serves	1½ Serves	2 Serves

A serve of fruit is:



*Australian Bureau of Statistics (National Health Survey, 2014-15)
**Recommended intakes have been rounded based on the Australian Dietary Guidelines (NHMRC, 2013).
This resource was developed by Western Sydney Local Health District, published June 2021.



**HEALTHYEATING
ACTIVE LIVING**

